

## Introduction

Ladies and Gentlemen,

Hereby we would like to invite you to participate in a study which is part of a Leonardo da Vinci  
partnership in the Lifelong Learning Programme, with the title:

### **A European qualification framework for practice and training in Animal Mediated Assistance and Therapy (AMAT) and Animal Assisted Activities(AAA).**

#### **This study and questionnaire is dealing with Equine assisted and mediated interventions only**

With this study we are trying to make an inventory of the animal-assisted interventions (AMAT = Animal Mediated Assistance and Therapy and AAA =Animal Assisted Activities) as well as the training for practitioners in this field that is offered in all countries of partners. The results of the study will help us to define current problems and specific interests of all involved people in order to reflect on it in our future work within the field of AMAT/AAA.

In addition to the questionnaire, we will send you a detailed project description and a list of all partners involved in this project.

If you have questions or if you are interested in more information about the project progress and current results do not hesitate to contact us!

You can reach the representative of the involved partner organization at:

**(Contact Data of contact person / partner organization)**

Thank you for your help!

Yours sincerely,

**.Name contact person partner organization**

**For more information**, please see the project description and the list of involved organisations. In the list you can find a link to the homepage of the national foundation for working with AMAT/AAA activities.

**Link to project description homepage partner organization**

## **A Leonardo Da Vinci EU Partnership Project**

between organisations dealing with the training and realisation of AMAT/AAA with horses takes place in the following countries :

- Belgium
- France
- Germany
- The Netherlands (www.equitherapie.org)
- Poland
- Slovakia

The organizations joining in this project are working with AMAT/AAA which means they support people with disabilities in physical, psychological, mental or social order. Working within the educational, social, therapeutic or rehabilitative field we complement and deepen the medical, paramedical and educative interventions in a very efficient way.

The partner project aims on a guaranteed level of identical interventions of quality within different fields and functions in AMAT/AAA in the EU. This can only be realized by conforming training programs to a well defined levels of quality and competences that we will research and develop within this project.

**This will result in a system of quality and security guarantees for the clients or customers in the EU. More information can be found on the list of the organisations and their activities and goals.**

### **About this project**

Animal Mediated Assistance includes measures for educational, social, therapeutic or rehabilitative activities being carried out by professionals with the help of the animal as subject within the triangular process (the client, the animal and the professional undergo a relation on which the process is based).The involvement of the animal is supposed to be a sort catalyst within the intended process. According to the outcomes of the former Pegasus project dating from 2003 to 2005 and other studies

there is no discussion about the efficiency of AMAT/AAA, if properly done according to well defined quality criteria. But because of the lack of an official framework for teaching and practice of AMAT/AAA in European countries and means of official quality control we cannot exploit those opportunities efficiently. Furthermore this deficiency disables the upcoming generation of well educated specialists in AMAT/AAA to establish themselves as professionals and to enable cooperation between specialists in practice, training and quality control within Europe. On the other side the outcomes of this project could be profit to the financial deciders and clients themselves making them able to distinguish between the different offers of practice in AMAT/AAA.

As examples for big problems is the fact that in AMAT/AAA different professions are involved who have to undergo the training as an additional training to their basic profession and practice with clients without animals involved. Therefore we have to do with different basic assumptions at the beginning of the training and in practice we have to do with a lot of very different training programs differing from 3 days to three years. There is a broad variety in definition of competencies and methods partially scientifically well justified partially not.

Our objectives are to build a multi-dimensional framework of contents, legal and organizational aspects of quality criteria. So we will also assist mental health organizations by giving them tools to compare different forms and competences in Animal Mediated Assistance (AMAT) or Animal Assisted Activities in the different European countries.

### **Why this survey?**

This project enables the European organizations being involved in AMAT/AAA to constructively exchange their knowledge and practice in order to develop a qualitative framework approved by the European Commission. This will lead to transparency and quality control of AMAT/AAA for all the involved parts: clients, practitioners, trainers, pupils, social and medical organizations. Political and financial decisions can be based in the future on this framework within the EU. This would lead to more efficient practices in AMAT/AAA to more efficient organisation so to open opportunities for real professionals and to simplify the communication between them and exchange of professionals, training programs and lifelong learning for AMAT/AAA from one country to the other within the EU.

To approach harmonization of practice, training and quality control of AMAT/AAA we work on a diagnostical review of the concrete practices, competences, profiles and trainings in the involved partner countries. Further we aim to make a summary of the problems issued from the diagnostical review.

### **Why you and/or your organization?**

Therefore we looked for organizations in the partner countries, who are involved closely to the practice and training for AMAT/AAA with horses and dogs, in order to aid us in our survey on the current practices and problems in the involved countries.

As your organization or you as a practitioner in AMAT/AAA prove to be involved closely in this topics we would appreciate very much your help in the first phase of our partner project by answering the questions of our survey questionnaire. Please use the free forms especially to inform us about problems you are confronted with in your practice. Sure we will inform you after our analysis over the outcomes of our survey and may contact you again for further steps intended

If you need more information or do have questions about this project please contact

**Yours sincerely**  
**(Name contact person of .....(name of the organization)) .**

**.Logo of partner organization**

**Start Questionnaire**

**Page 1**

## Who is submitting?

In this part of the questionnaire you can give us information about you/your company/organization. You can let us know if you are: (1) a practitioner (working for himself), (2) representing an organization, company or institution who practices AMAT/AAA, (3) an organization providing training for AMAT/AAA practitioners, (4) a company lending horses for AMAT/AAA activities or (5) riding instructor who is involved in AMAT/AAA activities. Depending on your answer you are directed to the part of the questionnaire suited for you.

**Name of Submitter**

VAR001A= VAR010

**I fill in this questionnaire as: \***

VAR001

- For myself, as an individual practitioner or I own a company or organization practicing in AMAT/AAA
- As a practitioner working for an organization or company where AMAT/AAA is carried out.
- As a representative of an organization or company where training in AMAT/AAA is provided.
- As a person working for an organization or company where AMAT/AAA is carried out and where training in AMAT/AAA is provided.
- For a company/ institution lending horses to AMAT/AAA practitioners/organizations
- A riding instructor being involved in AMAT/AAA activities

### Contact Data of submitter (contact person)

Please fill in the following part of the questionnaire, the contact data of you/your company/organization. Within the questionnaire your answers will be analyzed anonymously. At the end of this part we will ask you if we may keep your contact data, independent from the questionnaire for contact data base on AMAT/AAA contacts within the LDV-project.

**Name of the company/institute or organization which you own, where you are employed or which you are representing**

VAR016

**Legal form of the company or organization**

VAR003

**Address of the company or organization \***

VAR004

**Postal code \***

VAR005

**Residence \***

VAR006

**Country \***

VAR006

**Phone number \***

VAR007 With international phone code, so you can be reached from abroad.

**Website**

VAR008 Of your practice/company/organization you are representing

**E-mail \***

VAR009 Where you as a contact person could be reached

**I agree that the above submitted contact data may be used for the database of the LDV-project. \***

VAR223 Only the contact data will be used to contact you for AMAT/AAA topics. The rest of the questionnaire data is handled anonymous only.

- No, I disagree
- Yes, I agree

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## **General information of submitter**

### **(as practitioner or representative of an organization)**

We want to know in which function you are answering this questionnaire; (1) for yourself as practitioner in AMAT/AAA, (2) as representative of an organization being in charge of AMAT/AAA activities or educations for AMAT/AAA practitioners. Please choose the combination fitting for your situation. The following questions ask explanation about the education, basic training, equestrian training and AMAT/AAA training of you (as contact person for an organization or practitioner in AMAT/AAA).

#### **Select what is most applicable for your work for AMAT/AAA?**

VAR002 Please choose the combination fitting for your situation

- I am an independent contractor practicing AMAT/AAA (I have a sole proprietorship).
- I am representing a company with several employees who are AMAT/AAA practitioners
- I am representative of a (non-profit) organization (a non-profit organization is not working to make profit)
- I am employed as practitioner at a company, institute or organization where AMAT/AAA is provided
- I am representing a company, institute or organization where training in AMAT /AAA is provided
- I am a practitioner in AMAT/AAA myself
- I am not a practitioner in AMAT/AAA myself
- I am a teacher in an education for AMAT/AAA practitioners
- I am a riding instructor assisting in AMAT/AAA
- Other:

#### **Since when is your practice, company or organization active in the field of AMAT/AAA? \***

VAR018 VAR204

- Before 1995
- Between 1996 and 2000
- Between 2001 and 2005
- Between 2006 and 2011

#### **Are you/your company/organization member of a professional association of AMAT/AAA or equine association ?**

VAR012

- No
- Yes, namely (please give a description in the next box)

VAR013

#### **Is there cooperation with other providers of AMAT/AAA?**

VAR014

- No
- Yes, namely (please give a description in the next box)

VAR015

#### **What is the mission/vision of you, your company or the organization you represent on AMAT/AAA?**

VAR069 VAR214

#### **Do you offer licensed apprenticeship in a relevant education for AMAT/AAA?**

VAR049 before splitting

- No
- Yes

#### **Do you/your company/organization have PR and communication in your system?**

VAR101

- No
- Yes, namely (please give a description in the next box)

VAR102

**What is your main occupation in your company or organization connected with AMAT/AAA activities? Please choose the combination fitting for you. \***

VAR224

- Active AMAT/AAA practitioner
- Volunteer in AMAT/AAA activities
- Freelance practitioner
- Professional aid
- Intern
- Standby employee
- Stable help
- Owner of horses
- Owner of stable
- Secretary
- Retired AMAT/AAA practitioner
- Administration/organization
- Riding instructor
- Other:

**What level of basic professional education do you have? \***

VAR019 VAR200

- No basic professional education
- Vocational education
- University of Professional education
- University of Science
- Other:

**What kind of basic professional education do you have? \***

VAR019 VAR201

- None
- Pedagogical
- Psychological
- Occupational therapy
- Nursing
- Medical
- Social sciences
- Training in coaching
- Private courses/ training
- Business administration/ management/ economic
- Horse riding instructor
- Other:

**What is your experience with horses? \***

VAR082 VAR226 VAR161

- No experience
- Recreational riding
- Professional riding (competitions)
- Preparing horses for therapies
- Horse handling education
- I own or have owned (a) horse(s)
- I own a stable
- I hire horses for AMAT/AAA activities
- I am a riding instructor
- Other:

**What kind of equestrian education/qualifications do you have? \***

VAR019 VAR083 VAR222 VAR161 VAR277

- Workshops organization AMAT/AAA
- Courses horsemanship
- Equestrian riding courses

- Vaulting Instructor training
- Riding Instructor training
- Driving instructor training
- Instructor riding for the disabled
- Equestrian certificate
- Horse coaching
- Horse farming/ management
- Equestrian experience without certificate
- Participation in Equestrian competitions (sport)
- Private courses
- Official equestrian training by organization on AMAT/AAA
- Official equestrian training by the national equestrian organization
- None
- Other:

**What AMAT/AAA education did you follow? \***

VAR019 VAR203

- None
- Equine assisted coaching
- Equine assisted therapy
- Equine assisted activities
- Training of national foundation for AMAT/AAA
- Equine assisted learning
- Riding/vaulting instructor for the disabled
- Remedial vaulting/riding
- Equitherapy
- None
- Other:

**Do you follow regular/updating (re-)training voor AMAT/AAA? \***

VAR020 VAR021 = VAR212

- Yes, mandatory training/accreditation
- Yes, voluntary training/accreditation
- Yes, I read the internet/literature
- Yes, I visit congresses
- No, I don't find it necessary
- No, I learn from practicing
- No, I want to but it is not possible
- Other:

**What kind of regular/updating AMAT/AAA (re-)training do you follow?**

VAR020 VAR021 = VAR262

- I do not follow regular/updating (re-)training especially for AMAT/AAA
- Mandatory training/accreditation organizations AMAT/AAA
- Voluntary training/accreditation organizations AMAT/AAA
- Reading internet/literature on AMAT/AAA
- Visiting congresses focussed on AMAT/AAA
- Other:

**This question links you to the following section of the questionnaire fitted for you, your company or organization**VAR261

- My company or organization does not have any employees/volunteers working in AMAT/AAA activities (go to page 4)
- My company or organization does have employees/volunteers working in AMAT/AAA (go to page 3)
- My company or organization only has volunteers working in AMAT/AAA activities (go to page 3)

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## **Employees and/or volunteers**

We would like to know more about the qualifications and function of your employees/volunteers involved in AMAT/AAA activities.

**What is the number of employees/volunteers that work for you/your company/organization?**

VAR017 VAR210

- 1 - 5 employees
- 5-10 employees
- 10 - 50 employees
- More than 50 employees
- 1 - 5 volunteers
- More than 5 volunteers
- Employees and volunteers working in AMAT/AAA
- Volunteers only
- Employees only
- Other:

**What is/ are the main occupations of these employees and/or volunteers?**

VAR017 VAR227

- Practitioner in AMAT/AAA
- Volunteer /helper
- Freelance practitioner
- Professional aid
- Interns
- Standby employee
- Stable help
- Other:

**What level of basic professional education do the employees/volunteers have?**

VAR019 VAR200 (Only employees who are practicing AMAT/AAA at your company)

- Vocational education
- University of professional education
- University of science
- No specific professional education
- Other:

**What kind of basic professional education do your employees have?**

VAR019 VAR201 (Only employees who are practicing AMAT/AAA at your company)

- Pedagogue
- Psychologist
- Developmental psychologist
- Psychotherapist
- Occupational therapist
- Educational psychotherapist
- Sociotherapist
- Remedial teacher
- Nurse (medical background)
- Nurse psychiatric background
- Medical doctor
- Psychiatrist
- Social sciences
- Training in coaching
- Private courses/ training in guiding people
- Groups leader-training
- Business administration/ management/ economic
- None
- Other:

**What kind of equestrian education do your employees have?**

VAR019 VAR202 VAR277 Give the combination of training in combination with provider of this training fitted for your situation ( for employees only who are practicing AMAT/AAA at your company)

- Workshops organization AMAT/AAA
- Courses horsemanship
- Equestrian riding courses
- Vaulting Instructor training
- Riding Instructor training
- Driving instructor training
- Instructor riding for the disabled
- Equestrian certificate
- Horse coaching
- Horse farming/ management

- Equestrian experience without certificate
- Participation in Equestrian competitions (sport)
- Private courses
- Official equestrian training by organization on AMAT/AAA
- Official equestrian training by the national equestrian organization
- None
- Other:

**What kind of AMAT/AAA education do your employees have?**

VAR019 VAR203 (Only employees who are practicing AMAT/AAA at your company)

- None
- Equine assisted coaching
- Equine assisted therapy
- Equine assisted activities
- Training of national foundation for AMAT/AAA
- Equine assisted learning
- Riding/vaulting instructor for the disabled
- Remedial vaulting/riding
- Equitherapy
- None
- Other:

**Do your employees follow regular/updating (re-)training for their basic profession?**

VAR020 VAR211

- No, I don't find it necessary
- No, we learn by practicing
- No, I want to but it is not possible
- Yes, mandatory training/ accreditation
- Yes, voluntary training/accreditation
- Yes, by reading internet/literature
- Yes, by visiting congresses
- Other:

**What kind of regular/updating AMAT/AAA (re-)training do your employees follow?**

VAR020 VAR213

- We don't follow regular/updating (re-)training especially for AMAT/AAA
- Mandatory training/accreditation organization AMAT/AAA
- Voluntary training/accreditation organization AMAT/AAA
- Training at other AMAT/AAA organizations
- Reading internet/ literature on AMAT/AAA
- Visiting congresses focussed on AMAT/AAA
- Other:

**Do you and/or employees use supervision in connection with their AMAT/AAA activities?**

VAR155

- No
- Yes, namely (please give a description in the next box)

VAR156

**This question links you to the following section of the questionnaire fitted for you, your company or organization \***

VAR050 VAR263

- My company or organization does not provide training or education for AMAT/AAA practitioners (go to page 5)
- My company or organization provides training or education for AMAT/AAA practitioners (go to page 4)

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**Provided training or education for AMAT/AAA practitioners**

If you/your company/organization offers a training or education in AMAT/AAA, please fill in the following questions. We are interested in the details of the training or education you/your company/organization provides so we can make an inventory of education for AMAT/AAA offered in different countries.

**What is the name of the training or education you/your company/organization provide?**



VAR051

**What is the duration of this training or education? \***

VAR052 Please give the combination of hours of training and training time for the whole training route (within weeks, months or years).

- 10 - 50 hours
- 50 - 100 hours
- 100- 250 hours
- 250 - 500 hours
- More than 500 hours
- More than 1000 hours
- Hours attended within one week
- Hours attended within half a year
- Hours attended between half a year and 1 year
- Hours attended in between 1 year and 3 years
- Hours attended in between 4 and 5 years

**How is the training time divided?**

VAR053 VAR208+ VAR266 (Please, describe which parts - theory, practise, self-experience, exams, etc. - are involved and tell us how much training time is used for the parts you offer within the training time, workshops, homework's, etc.)

- Theory on AMAT/AAA
- Theory client groups
- Equestrian basis of AMAT/AAA training
- Self experience/self awareness
- Supervision/ intervention
- Relationship with horse
- Personal development
- Practical exercises
- Integration of AMAT/AAA work into professional practice
- Guidelines for AMAT/AAA work
- Code of Ethics
- Literature study
- Homework on theory and important literature on AMAT/AAA
- Other:

	Not part of the training	1-25% of the training	26-59% of the training	51-75% of the training	76-100% of the training
Theorie of AMAT/AAA	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Theorie client groups	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Equestrian basis	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Self experience/self awareness	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Supervision/intervention	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Relationship with horse	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Personal development	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Practical exercises	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Integration of AMAT/AAA and professional practice	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Guidelines for AMAT/AAA work	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Code of ethics	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Literature study	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Homework	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

**Please select from this list the parts of the training included in your route and tell us how much this part tells in percentages of the whole training**

VAR244

- Theory
- Equine practice
- AMAT/AAA practice

- Self awareness
- Individual development

	Theory	Equine practice	AMAT/AAA practice	Self awareness	Individual development
Not part of the training	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
0-20% of the training	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
20-40% of the training	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
40-60% of the training	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
60-80% of the training	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
80-100% of the training	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

### What level is the training?

VAR054 VAR055 = VAR245 Please tell us if the training is included in your basic education of a several level or is in addition to your basic education of a certain level

- Vocational education
- University of Professional education (maximum Bachelor possible)
- University of Science (Bachelor, Master and dr. etc possible)
- Additional training after basic level education
- Included training within basic level education
- Other:

### What are the admission requirements for your AMAT/AAA training? Equine and/or professional education and experience \*

VAR056 = VAR109 Please choose a combination fitted for your situation

- There are no admission requirements
- Equine experience
- Equine instructor or trainer qualification
- Horsemanship experience (horse keeping and management)
- Horsemanship qualification
- Basic professional education in (mental) health profession university of science standard
- Basic profession education in (mental) health profession (university or professional university/ college standard)
- Basic professional education in pedagogical profession university of science standard
- Basic profession education in pedagogical profession (university or professional university/ college standard)
- Basic professional education in social sciences profession university of science standard
- Basic profession education in social sciences profession (university or professional university/ college standard)
- Working experience of a certain amount within basic work with clients without horses
- Certain age reached before starting AMAT/AAA training
- First aid education
- Extract from the crime register
- Other:

### How is the training completed? \*

VAR057 +VAR058 = VAR246

- No specific completion asked apart from attendance
- Written theory examination
- Practical examination
- Portfolio assessment
- A practical project/ assignment
- Internship
- Other:

### What kind of evidence does the participant receive after completion of the training? \*

VAR059

- A diploma
- A certificate
- A certificate of attendance
- Other:

### Would you like to explain or amplify the previous question?

VAR060

**Is there regular/updating (re-)training after completion of the AMAT/AAA training offered? \***

VAR061 = VAR267 Please choose the combination fitted for you

- No
- Refresher modules
- Workshops
- Courses in theory and practice
- Supervision
- Courses in theory only
- Courses in practice only
- Other:

**Would you like to describe your previous answer?**

VAR062

**Is this regular/updating (re-)training necessary for keeping the certification status or the validity of the document as AMAT/AAA practitioner?**

VAR063

- No
- Yes

**Is there a (sort of) certification-procedure to keep the status as AMAT/AAA practitioner? \***

VAR064 Certification means that the practitioner has to fulfil some requirements in order to keep his status as AMAT/AAA practitioner

- No
- Yes

**Would you like to describe the type of certification offered?**

VAR065

**Which organization grants the certification ?**

VAR066

- There is no certification
- Trainings provider
- Municipal or state authorities
- (Mental) health authorities
- Other:

**Is the program accredited?**

VAR067 That means; is the trainings program acknowledged by official instances like ministry of education

- No
- Yes

**By which official organization is the program accredited and since when?**

VAR068= V???

- Ministry for education/science
- University
- Professional association (e.g. psychologist's association)
- National organization AMAT/AAA
- National organization for riding for the disabled
- Other:

**Since**

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**Working Model and Methods used in AMAT/AAA**

Give a description of the working model and methods you/your company/organization is using when carrying out/teaching AMAT/AAA activities.

**What theoretical foundation is used? \***

VAR070 VAR215

- No specific model is used
- Medical treatment model
- Psychological treatment model
- Learning model behaviouristic model
- Esoteric model
- Pedagogical treatment model
- Psychosocial support model
- Psychomotility model
- Other:

**Would you like to describe your theoretical foundation?**

VAR268

**What methods / methodologies/qualities are used?**

**What is the horse bringing in addition if involved in the process of the client/customer?**

VAR071 VAR216

- None specific ones
- Personal characteristics of the horse
- Social abilities of the horse
- Analogous communication
- Attractivity for humans
- Ability to carry
- Vaulting
- Riding
- Contact
- Relationship
- Moving on and with horse (movement dialogue)
- Mirror function of the horse
- Ethological abilities of the horse
- Horse as assistance
- Horse as medium
- Horse as (not human) co-therapist
- Other:

***Equine techniques***

In the following questions we want to know how you see the relationship between the horse, client and practitioner. Also we would like to know what methods, methodologies and working models you use.

**Which equine techniques are used in the AMAT/AAA sessions**

VAR281

- None
- Vaulting
- Lungeing
- Leading
- Riding
- Driving
- Free style
- Joining up
- Ground work
- Tracking
- Jumping
- Leading with long reins
- Other:

**Who is in charge of the horse during therapy?**

VAR265

- Nobody
- The practitioner himself
- Practitioner and helper (volunteer)
- Practitioner and riding instructor
- Riding instructor
- Horse handler

- Helper
- Other:

### **Role and function of the horse and practitioner during the AMAT/AAA sessions**

We want to know how you describe the role of the horse and its function in the process

#### **Which role(s) does the horse fulfil during the session?**

VAR120 VAR269 (checkbox)

- Relational figure for client
- Extension of the therapist's qualities
- Offering alternatives in behaviour
- Reacts to behaviour of client
- Interacts with client
- Interacts with therapist
- Model interaction therapist horse
- Non verbal communication
- Co-therapist
- Mirror
- Transitional object
- Non-verbal analogue understanding
- Ice breaker between human dialogue partners
- Carrying
- Observing social structure
- Intense physical contact
- Offers safety to client
- Emotional support for client
- Partner for the client
- Immediately feedback
- Fulfilling clients psychical (emotional) needs
- Other:

(s)

#### **Which function does the horse have during the process?**

VAR248

- Motivator
- Activator
- Updates experiences
- Symbolises
- Stabilises processes
- Mirrors clients emotions
- Role figure
- Regression figure
- Symbolic figure
- No specific function
- Other:

#### **What function does the practitioner fulfil during the session?**

VAR251

- Showing possibilities
- Offering framework conditions
- Arousing curiosity
- Making proposals
- Describing and supporting reactions of clients and horse
- Following the clients' needs
- Offering possibilities for symbolic processing
- Offering opportunities for psychomotor processing
- Offering possibilities for psychosocial processing
- Enabling stabilization
- Preparing transfer into daily life
- Offering and taking off different roles of the horse in the process
- Other:

#### **How important do you consider the triangular relationship between client/horse/practitioner?**

VAR122 VAR247

	Not important		Neutral		Extremely important
Relationship between the horse and the client	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Relationship between the horse and the practitioner	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Relationship between the practitioner and the client	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

### **Performance Profile(s) of the Practitioner**

**What is/are the important performance profile(s) of the practitioner?**

VAR249

- Relationship with horse
- Knowledge of guidelines for AMAT/AAA
- Critical faculties
- Practical implementation of the horse in working model
- Manor as therapist
- Understanding of processes
- Selected method of AMAT/AAA for target group
- Relationship with client
- Other:

**What is the basic professional education of the practitioner?**

VAR250

- None
- Pedagogical
- Psychological
- Occupational therapy
- Nursing
- Medical
- Social sciences
- Training in coaching
- Private courses/training
- Business administration/management/economics
- Horse riding instructor
- Other:

**Which knowledge and skills does a person working with AMAT/AAA need?**

VAR152 Please choose the 4 most important skills according to you

- Equine knowledge
- Equine skills and experience
- Knowledge about target group
- Knowledge about problems of target group
- Knowledge about therapeutic processes techniques interventions etc
- practical horse training skills and practice
- Abilities of a good therapist empathy etc
- Relation with horse
- Relation with client
- Critical attitude about own functioning as therapist and rider
- Connect to therapy model
- Other skills profile Equitherapist
- Other:

### **Code of Ethics in AMAT/AAA activities**

We are interested in if you/your company/organization is keeping to some sort of code of ethics when applying AMAT/AAA activities.

**Do you/your company/organization have a professional code of ethics?**

VAR099

- No
- Yes, with respect to the horse
- Yes, regarding the customer / client
- Yes, regarding to the duties of the practitioner's professional acting
- Yes, regarding to the duties of the practitioner in keeping his qualifications
- Other:

**Please explain your code of ethics?**

VAR100

**Is there research /publications on AMAT/AAA done by you/your company/organization?**

VAR132 VAR133 = VAR259

- No, there is no research / publications being done on AMAT/AAA from our company or organization (go to page 7)
- Yes, there is research/publications being done on AMAT/AAA from our company or organization (go to page 6)

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**Page 6**

**Publications/Research on AMAT/AAA**

If you/your company/organization takes part in a research in AMAT/AAA tell us in which context this happens and what type of research you are taking part in.

**What kind of research /publications is/are being done from you/your company/organization?**

VAR132 VAR260

- On training in AMAT/AAA
- On effectiveness of AMAT/AAA activities
- On the state of the art of AMAT/AAA activities
- On the conditions for AMAT/AAA activities
- On requirements for good practise
- On clients wellbeing
- On horses wellbeing
- On practitioners wellbeing
- Other:

**What is the purpose of the research/publications ?**

VAR134

- Clients well being and development
- Horses well being
- Effectiveness of AMAT/AAA
- Therapeutic model used
- Other:

**What time does the research take? (please put down data from ... til ...)**

VAR138 + VAR270

- Less than half a year
- Half a year to 1 year
- 1 Year to 1,5 year
- 1,5 Years to 2 years
- More than 2 years

**Is there technical support for research?**

VAR140

- No
- Yes, namely (please give a description in the next box)

Description of support

VAR141

**What people are involved in this research?**

VAR139 VAR271

**Are there horses being used for this research?**

VAR142

- No
- Yes, namely (please give a description in the next box)

VAR143

**What is/are the target group(s) of the research?**

VAR135 =

- Client groups
- Clients with specific needs
- Age groups
- Psychiatric disorders
- Political topic linked to efficiency studies
- Other:

**Is there a collaboration with other partners?**

VAR136+ VAR137 = VAR272

- No
- Yes other AMAT/AAA organizations in own country
- Yes other AMAT/AAA organizations abroad
- Other professionals with same target groups
- Scientists
- Universities
- EU partnership projects
- Trainings organizations
- Equine organizations
- Animal health organizations
- PR Media
- Political organizations
- Profession organization
- Other:

**Please write down any additional information about your research.**

VAR144

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**Page 7**

## Financing

The following questions are about how you/your company/organization obtains the financial aid to enable the services and activities on AMAT/AAA you offer. These are quite personal questions but please remember it is for a good cause. There are different models of financing AMAT/AAA activities in different countries and organisations. We want to know how the AMAT/AAA activities are paid for. in different countries and organizations in order to can develop suggestions on financing within the European organizations

**Do you/your company/organization receive donations? (It means that you offer people or legal forms to donate for your activities)**

VAR037 VAR038 = VAR231

- No
- Yes, structural donations (monthly or yearly given an amount for organizations activities)
- Yes, occasional donations (once given amount for activities)
- Yes, fundraising
- Yes, sponsorship of companies or private persons
- Yes, fundraising at events
- Other:

**Do you/your company/organization receive enough money or are there any financial problems?**

VAR228

- I don't want to answer
- We receive enough money to support the costs of the activities
- We receive enough money to support the costs of the horses
- We receive enough money to support the costs of my/our personal life
- We receive enough money to support the costs of the staff
- We do not receive enough money to support the costs of the activities
- We do not receive enough money to support the costs of the horses
- We do not receive enough money to support the costs of my/our personal life
- We do not receive enough money to support the costs of the staff
- Other:



**Do you/your company/organization receive funding?**

VAR035 VAR036 = VAR229 This means that your company or organization is actively fundraising.

- Not applicable
- No (we could, but we don't do it)
- Yes, from the state
- Yes, from the region authorities
- Yes, from companies
- Yes, from clubs (like Rotary etc.)
- Yes, from non profit organizations
- Yes, from EU funds
- Other:

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**Page 8**

**Services and activities in AMAT/AAA you/your company/  
organization offers**

The following questions are about the content of the services and/or activities in AMAT/AAA you, your company or organization offers to clients or customers. Because this is an international survey you may find terms you do not know in your country. Please select the terms most relevant for your work. If you cannot find the right term in the list you can add your used terminology at the end under "other".

**Under which name are the services/activities provided?**

VAR022 VAR023 = VAR205

- Equitherapy-E.A. development support
- Equitherapy-E.A. remedial education and support
- Equitherapy-E.A. psychosocial support
- Equitherapy-E.A. rehabilitation and compensatory intervention
- Equitherapy-E.A. psychotherapy
- Hippo therapy (physiotherapy with horses)
- Equitherapy-E.A. Rehabilitation (mental and psychomotor rehabilitation)
- Remedial vaulting and riding
- Psychotherapy with the horse
- Healing
- Coaching
- Counselling
- Personal development
- Team Training/Building
- Systematic horse coaching
- Leadership development/training
- (Experimental) learning
- Reflecting (cognitive problem solving)
- Mindfulness
- Riding/vaulting/driving as a sport for handicapped
- Other:

**Would you give a description of what your services/ activities in AMAT/AAA entail?**

VAR024 VAR206

- Coaching
- Personal career guidance
- Psycho social guidance
- Pedagogical guidance
- Psychotherapy
- Occupational therapy
- Rehabilitation
- Pedagogical projects
- Equine assisted activities
- Training
- Workshops
- Reflecting behaviour
- Relaxation and enjoyment
- Psychological guidance/help
- Psychiatric guidance
- Social work and services
- Daytime activities
- Holistic riding instruction

- Experimental learning
- Physical exercises
- Systematic guidance
- Balance guidance
- Healing and alternative themes
- Horse whispering
- Training communication skills
- Behavioural problems with horses
- Development enhancement
- Problem solving
- Recreational activities
- Sport activities
- Other:

**Where do you perform your work primarily?**

VAR103 VAR104 = VAR234

- In an indoor arena
- In an outdoor arena
- On the meadow
- In the vicinity (forests)
- I work with a horse at the client's house
- Other:

**Clients or customers of your AMAT/AAA activities**

The following questions are about the target group of clients or customers that use your services and/or activities in AMAT/AAA. We would like to know the specific details about your target group for AMAT/AAA activities and the goals on which you are focussing.

**On which client or customer group(s) do you/your company/organization focus?**

VAR026 +VAR027 = VAR235

- Children (0 to 6 years)
- Children (6 to 12 years)
- Youth (12 to 18 years)
- Adults (18 to 65 years)
- Elderly (65+)
- Other:

**What is the composition of the target group for the AMAT/AAA activities?**

VAR028

- Individual
- Small groups (2 to 5)
- Medium-sized groups (5 to 12)
- Large groups (>12)
- The composition is not determined

**Who brings you in contact with the client or customer?**

VAR044 VAR045 = VAR236

- Institute or institution (school, hospital etc...)
- Other (mental) healthcare professionals (doctor, psychologist.....)
- Family of the client
- The client himself
- Company/ employer of the client
- Other:

**Which client's problems are you treating?**

VAR029 VAR030 = VAR237 If necessary, choose the 4 most common problems

- Behaviour problems (ADHD, autism etc.)
- Geriatric problems (Alzheimer's etc.)
- Psychiatric problems (depression, personality disorders, etc.)
- Family issues
- Eating disorders
- Addiction problems
- Relationship problems
- Burn out
- Personal development/growth
- Professional development/growth
- Physical rehabilitation

- (Re-) integration into the labour market
- Recreational physical activity
- Team Building
- Management services
- Mental retardation
- Developmental problems
- Problems with sensorial abilities (blind, deaf.....)
- Psychological rehabilitation
- Learning and school problems
- Other:

**How many client contact hours do you do you/your company/organization have per month, on average?**

VAR025 VAR238 4 clients once a week = 16 contact hours per month

- 1 to 8 contact hours (1 to 2 clients per week)
- 9 to 20 contact hours (3 to 5 clients per week)
- 21 to 36 contact hours (6 to 9 clients per week)
- 37 to 60 contact hours (10 to 15 clients per week)
- 61 to 96 contact hours (16 to 24 clients per week)
- 97 to 140 contact hours (25 to 35 clients per week)
- 141 to 200 contact hours (36 to 50 clients per week)
- Other:

**How long is a full route with a client or customer?**

VAR034 VAR239 More answers possible for different routes offered.

- Less than one month
- 1 month till 6 months
- 6 month till one year
- One year and more
- Other:

**What procedure is handled: from the first client or customer contact to completion of the service or activity? Please mark the parts of a route which you have in your standard procedure.**

VAR072 VAR073 = VAR217

- Intake
- Trial or diagnostics session
- Route of sessions
- Evaluation
- Ending session
- Re-evaluation
- Report on paper
- Keeping the clients data for research
- Other:

**How is the objective for the AMAT/AAA activity determined at the start of the route?**

VAR046

- Not applicable (nature of the target group)
- Not applicable (nature of the activities)
- I (or a colleague) hold an intake
- Defined with counsellor/ social worker/psychologist.... of the client
- Determined by the organization or institution sending the client
- I commit to the stated objective
- Other:

**Is there direct cooperation and communication with the counsellor or person of trust in charge of the client?**

VAR047

- No, not applicable
- No, not chosen
- No, not possible
- Yes, with professional counsellors/ (mental) health specialists/ social workers/ teachers.....
- Yes, with family
- Other:

**How does this cooperation and communication work?**

VAR048 VAR240

- Regular written reports per mail
- Regular written reports per e-mail
- Regular written reports given personally
- Regular reports per phone
- Regular meetings
- Finishing report
- Other:

**Do you provide information about your clients and AMAT/AAA activities to third parties?**

VAR097 VAR098 = VAR241

- No
- Yes, to family
- Yes, to professionals taking in charge the client
- Yes, to other professionals, but without any identifying information
- Yes, to heading of Your organization, but without any identifying information
- Yes, to media, but without any identifying information
- Yes, to organizations, which sent clients (hospital, school, etc.)
- Data are saved anonymously for science targets
- Other:

**How do you hold your client registration and documentation?**

VAR095 VAR096 = VAR242

- In a paper file
- In a digital file
- As well in a paper file as in a digital file
- Other:

**Sessions of the AMAT/AAA activities**

The following questions are about some of the details of a session in AMAT/AAA activities you, your company or organization provides.

**How many people are involved in a session?**

VAR105

- 1 person
- 1 - 3 persons
- 3 - 5 persons
- 5 - 10 persons
- More than 10

**What is the function of these people?**

VAR106

- Equitherapist
- Psychologist,
- Psychotherapist
- Physiotherapist
- Teacher
- Social worker
- Horse "handler" (person who is responsible for handling and safety of the horse)
- Riding instructor
- All chosen in one person
- Volunteer
- Helper, assistant
- Other:

**How often do the sessions take place for a client/customer?**

VAR033

- More than twice a week
- Twice a week
- Once per week
- Once within two weeks
- Once a month or less
- Other:

**What are the costs of a session? We would like you to convert your local currency into euro's if necessary, and we would like to know what the costs are per hour of a session.**

VAR031 VAR032 = VAR243

- I don't want to answer
- For free
- Less than 10 euro
- 10 euro - 25 euro
- 25 euro - 50 euro
- 50 euro - 100 euro
- More than 100 euro
- Other:

### **Budget for AMAT/AAA sessions**

We want to know how the sessions for clients and/or customers in AMAT/AAA are paid for.

#### **From what budget are you/your company/organization paid for the AMAT/AAA sessions of your clients?**

VAR042 VAR230

- I, my company or organization pays with own budget
- Personal budget (clients receive personal budget from municipal or state organizations to pay for their therapy)
- Health insurances
- Private (customers, clients or clients' parents pay themselves)
- Institutions as hospitals etc.
- Employer/ company from staff
- Employer/ company from training for staff
- Employer/ company from recreational budget
- Schools pay from school budget
- Employer of AMAT/AAA professionals pays with salary for sessions and other activities
- Other:

#### **Is your income sufficient to cover the costs of the AMAT/AAA activities?**

VAR039

- I don't want to answer
- No
- Yes

#### **Do you have other income sources alongside working with AMAT/AAA?**

VAR040 VAR041 = VAR232

- I don't want to answer
- No
- Yes, giving riding lessons
- Yes, therapy or interventions without a horse
- Yes, working in main profession without horses
- Yes, other occupation not related to horses or basic profession
- Yes, the membership of the clients
- Other:

### **Quality management and control in AMAT/AAA**

In the following questions we are interested in if and how you define and monitor the quality of AMAT/AAA measures you/your company/organization offers.

#### **How do you define quality in your AMAT/AAA work?**

VAR080 VAR221 Which of the following criteria of quality are the most important for you? Choose up to a maximum of 4.

- Improvement of client's health/ mental state
- Improvement of client's life quality
- Safety aspects are included
- Qualification of AMAT/AAA practitioner
- Qualification in basic profession
- Quality in horse keeping
- Quality in horse training
- Your personality traits
- Increase of clients
- Ethical aspects
- Evaluation of improvement of clients
- Other:

#### **How do you/your company/organization monitor quality?**

VAR081 Which tools do you use to measure the quality of your AMAT/AAA work?

- Questionnaires
- Observation
- Report of sessions
- Supervision
- Evaluation sessions with clients themselves or their parents
- Intervention (case studies)
- Dialogue with professional colleagues in charge of the client
- Observation of health and well being of horse and client
- Amount of clients rising
- Defined behaviour criteria
- I do not monitor quality
- Video supervision/intervention monitoring
- Other:

**Is there evaluation of the activities?**

VAR075 VAR076 = VAR219

- No
- Yes, own questionnaires used
- Yes, psychomotor diagnostics used
- Yes, medical diagnostic used
- Yes, behaviour criteria followed
- Yes, standard questionnaires used
- Other:

**Is there research on effects of AMAT/AAA being done within your practice, company or organization?**

VAR074 VAR218 Please tell us if at your work (your company, your organization research on the effects of AMAT/AAA on your client is done.)

- No
- For personal reasons (improvement or evaluation of own work, etc.)
- Project of university or organization
- Project within thesis for university degree
- Project within thesis for college degree
- Personal research meant for public
- Other:

**Do you participate in peer review/supervision on case studies?**

VAR078 VAR079 = VAR220 Are you regularly reviewing case studies with colleagues or a supervisor.

- No
- Yes, with colleagues from AMAT/AAA
- Yes, with colleagues from basic profession
- Other:

**Are there special facilities (equipment, etc.) for people with disabilities?**

VAR107 VAR108 = VAR280

- No
- Yes, special reins
- Yes, special saddle
- Yes, handrail
- Yes, ramp
- Yes, stairs
- Yes, toys
- Other:

**Is there a system for handling complaints?**

VAR093 VAR094 = VAR279 If clients/customers do have complaints can you offer them a standard procedure how these complaints can be handled.

- Yes, procedure of my own practice, company or organization
- Yes, procedure of my own AMAT/AAA organization
- Yes, procedure of my basic professional association
- No, there is no system for handling complaints
- No, I am handling complaints individually
- Other:

### **Safety Aspects in AMAT/AAA**

The following questions are about the safety aspects of you/your company/organization. We are interested in how you offer safety to your employees and clients.

#### **You and/or AMAT/AAA employees have a first aid degree?**

VAR090

- No
- First aid only
- Emergency response only
- Both first aid and emergency response

#### **Do you/your company/organization have a safety certificate assurance?**

VAR084 VAR085 = VAR278

- No, my company or organization does not have a safety certificate assurance
- Yes, a certification for equestrian companies or organizations
- Yes, a certification according to AMAT/AAA measures
- Yes, an assurance for accidents in AMAT/AAA activities
- Other:

#### **How is the safety of the client secured in handling the horses?**

VAR087

- In a session a horse handling specialist is present
- In a session a certified horse handling specialist is present
- In a session is a helper, who is responsible for the horse during the session
- Horse is regularly trained
- Horse is regularly ridden
- Any disturbing factors in the vicinity get eliminated
- Clients wear a helmet
- Practitioner is riding/vaulting instructor
- Special safety criteria of AMAT/AAA organization are practised
- Other:

#### **Is there a registration system and procedure for handling accidents?**

VAR088 + VAR089 = VAR282

- No
- Yes, accidents handling procedure and registration system
- Yes, accidents handling procedure only
- Yes, accidents handling registration only.

#### **Do you/your company/organization have a plan in: Risk assessment and evaluation?**

VAR091

- No
- Yes, namely (please give a description in the next box)

VAR92

#### **This question links you to the following section of the questionnaire fitted for you, your company or organization**

VAR252

- I (my company or organization) does not house or use horses (go to page 10)
- My company or organization only houses horses (go to page 11)
- My company or organization only uses horses (go to page 11)
- My company or organization houses and uses horses (go to page 11)

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### **The (AMAT/AAA) horse**

In the following questions we will ask you about the horses that are used for the AMAT/AAA activities. We are interested in the training of the horse, but also what skills the horses need for working for AMAT/AAA. Besides those topics we would like to know how the horses are kept and what work they have to do.

#### **Selection**

**How are the horses selected for AMAT/AAA?**

VAR112

- Their character and attitude
- Their exterior (height, width)
- Horse should be willing to work with clients
- Horse should have a good relationship with the practitioner
- Horse is well trained
- Horse likes to have contact with humans
- On breed
- On age
- Other:

## **Training**

### **Are the horses specifically trained for AMAT/AAA?**

VAR114 + VAR115 = VAR253

- No, they are not trained in any way
- No, the horses only have a basic dressage training
- Yes, the horses were trained according to horsemanship measures
- Yes, the horses were trained according to AMAT/AAA measures
- Other:

### **From what age are the horses trained?**

VAR116

- 1 year
- 2 years
- 3 years
- 4 years
- 5 years
- Other:

### **At which age does the horse start to work in AMAT/AAA activities?**

VAR275

- 1 year
- 2 years
- 3 years
- 4 years
- 5 years
- Other:

### **Who is responsible for the training of the horse?**

VAR264

- The practitioner, according to dressage measures
- The client, according to dressage measures
- An external trainer, who trains the horse according to dressage measures
- An internal trainer, who trains the horse according to dressage measures
- The practitioner, according to AMAT/AAA measures
- The client, according to AMAT/AAA measures
- An external trainer, who trains the horse according to AMAT/AAA measures
- An internal trainer, who trains the horse according to AMAT/AAA measures
- The stable help
- An intern
- It changes from time to time
- Other:

### **Who is responsible for the work of the horse outside its work for AMAT/AAA?**

VAR254

- The practitioner, according to dressage measures
- The client, according to dressage measures
- An external trainer, who trains the horse according to dressage measures
- An internal trainer, who trains the horse according to dressage measures
- The practitioner, according to AMAT/AAA measures
- The client, according to AMAT/AAA measures
- An external trainer, who trains the horse according to AMAT/AAA measures
- An internal trainer, who trains the horse according to AMAT/AAA measures
- The stable help



- An intern
- It changes from time to time
- Other:

### **Characteristics and skills**

#### **What are important characteristics of the horse to function well with clients or customers?**

VAR113 Please select the 3 most important characteristics according to you

- Calm
- Active
- Willing to work
- Easy to touch
- Sensitive
- Stamina
- Adaptability
- Feeling for humans
- Obedient
- Easy going pace (smooth trot, gallop)
- Consistently
- Other:

#### **What characteristics and / or skills of the horse are utilized during sessions?**

VAR121 Please select the 3 most important characteristics according to you

- Relationship development
- Mirror function of the horse
- Three-dimensional movement
- Psychomotor movement dialogue
- Social capacities
- Analogue communication
- Non critical acceptance of persons and their possible disabilities
- Motivational and appeal of the horse to persons
- Symbolism of the horse
- Multi-sensual appeal of the horse
- Other:

#### **What principles do you hold related to the treatment / handling of the horses?**

VAR117

- Classical principles of training
- Natural Horsemanship
- Western riding
- Vaulting
- Free style
- Joining up
- Ground work
- Tracking
- Theatre or other pedagogical methods
- Leading with long reins
- Other:

### **Horses Welfare**

#### **How many horses are used by you/your company/organization?**

VAR109

- None
- 1 - 3
- 4 - 6
- 7 - 9
- 10 - 15
- 16 - 20
- 21 - 30
- More than 31

#### **Who owns the horses?**

VAR110 + VAR111 = VAR255

- Private property of company
- Private property of AMAT/AAA employee(s)

- The client (s) owns the horse(s)
- The horse(s) is/are owned by a client and also used by other clients
- Other:

**How are the horses being housed?**

VAR118

- Stables all the time
- At night in stable, at day in group in the meadow
- Group stable and paddock
- Isolated stable with paddock
- Stands all the time
- At night in stands, at day in a group in the meadow
- In the meadow all day and night with shelter
- Other:

**How do you protect the welfare of the horse?**

VAR119

- We follow the standards of our company or organization
- We follow the national standards and believes
- We follow the standards of the FEI
- We follow the standards of our AMAT/AAA organization
- Other:

**How long do you use a horse for a session? (one AMAT/AAA unit)**

VAR127

- Till half an hour
- Half hour till 1 hour
- 1 hour till 2 hours
- More than 2 hours
- Other:

**How much break time does the horse get between the session as a minimum?**

VAR128

- No break time between sessions
- Less than half an hour
- Half an hour to one hour
- More than one hour

**How many hours do you use a horse per day for AMAT/AAA activities as a maximum?**

VAR129

- Maximum one hour
- Maximum 1 to 1 and a half hour
- Maximum 1 and a half to 2 hours
- Maximum 2 to 3 hours
- More than 3 hours

**How many hours do you use a horse per week for AMAT/AAA as a maximum?**

VAR130

- Up to one hour
- 1 - 2 hours
- 2 - 5 hours
- 5 - 10 hours
- 10 and more hours

**What are reasons for stopping to use horses in AMAT/AAA sessions?**

VAR131

- Health problems
- Mental problems
- Horse has bad hair day
- Horse does not like work any more
- Pregnancy of horse
- Horse does not like group of clients
- Relationship problems with horse has to be solved
- Weather conditions (heat, strong rain, strong wind, etc.)
- Other:

### **Activities besides AMAT/AAA**

Besides the activities the horse does for AMAT/AAA we would like to know what the horse is used for. Also we would like to know how the sessions the horse participates in are divided.

#### **Are the horses also used for other activities than AMAT/AAA?**

VAR086 + VAR256

- No, besides the work for AMAT/AAA the horse is not used
- Yes, they are involved in riding
- Yes, they are involved in driving
- Yes, they are involved in ground work
- Yes, they are involved in lunging
- Yes, they are involved in leading
- Yes, they are involved in recreational riding
- Yes, they are involved in riding out
- Yes, they are involved in riding lessons
- Yes, they are involved in jumping
- Yes, they are involved in dressage competitions
- Yes, they are involved in jumping competitions
- Yes, they are involved in western competitions
- Other:

### **Breed**

Would you like to give a description of the type of horse you use for your work for AMAT/AAA

#### **Which breed(s) of horse(s) do you use?**

VAR123 VAR124 = VAR257

- Local warm blood horse
- Pony
- Frisian horse
- Haflinger
- Fjord
- Tinker
- Arabian horse
- Shetland pony
- Welsh pony
- New forest pony
- Connemara
- Icelandic horse
- Quarter horse
- Cold blood horse
- Horse without papers
- Ponies without papers
- Other:

#### **Do you prefer a certain breed?**

VAR125 VAR258

- No
- Local warm blood horse
- Pony
- Frisian horse
- Cold blood horse
- Quarter horse
- Shetland pony
- Fjord
- Icelandic pony
- Haflinger
- Tinker
- Arabian
- New forest pony
- Connemara
- Horse without papers
- Pony without papers
- Other:

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## Personal views on the developments of the field of AMAT/AAA

Here we want to know from which sources you win information about developments on AMAT /AAA  
measures for your work

### Following developments

Are you tracking developments in the field of AMAT/AAA for your country and/or internationally?

VAR145

- I do not follow developments
- Regular training
- Intervention
- By internet
- Reading literature / journals
- Attendance of meetings / seminars / conferences
- Reading new publications, results of (scientific) research
- Intervention groups referring literature and research
- attending additional training by AMAT/AAA trainings organization
- Collegial visits within own country
- Collegial visits to other countries
- Other: .....

Would you like to explain your previous answer?

VAR146

What is your opinion about developments in your field?

VAR147

Do you know about training in your country focused on AMAT/AAA?

VAR148

- No
- Yes, namely (please give a description in the next box)

VAR149

Does these trainings connect to developments well?

VAR150

- No
- Yes
- I don't know

Please explain your previous answer

VAR151

Is a renewal or improvement of training in the field of AMAT/AAA necessary to you?

VAR153

- No
- Yes, namely (please give a description in the next box)
- I don't know

VAR154

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## Page 11

### Problems in practicing AMAT/AAA

This information is important for us because we can compare the problems suggestions and solutions between different countries. So that we can make useful suggestions in the report of our survey for the European parliament.

**What do you consider important problems you meet while carrying out your profession in AMAT/AAA in your country**

VAR157 276 Please name the three most important ones of this list

- Financing the sessions in AMAT/AAA for clients who need it.
- Not well known quality standards on AMAT/AAA
- A lot of concurrence practitioners and organizations
- Bad cooperation between organizations on AMAT/AAA
- No quality system
- National organisation is not enough supported
- National organization is not enough supporting practitioners
- Not enough money for clients who need it
- Bad cooperation with other helping professions
- Other:

**Please give more information on what you consider the biggest problem in carrying out your profession in AMAT/AAA activities in your country.**

VAR273 In which way is this problem influencing the quality and accessibility for the clients in need of AMAT/AAA activities.

**Suggestions in practicing AMAT/AAA**

**Do you have any suggestions or ideas while carrying out your profession in AMAT/AAA in your country, where organizations ..... and/or the Leonardo da Vinci project can add a useful contribution?**

VAR157

**Do you have any suggestions for financing AMAT/AAA sessions for clients in need of these activities.**

VAR274 As there are different models in use within European countries and the different ideas about suggestions for this topic we are very interested in your suggestions to be taken into account.

**Is there anything else on your mind regarding this subject, which might be helpful to form the framework in AMAT/AAA and to be not forgotten in the project-report.**

VAR158

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**Report "A European qualification framework for practice and training in AMAT/AAA"**

Do you want us to collect the submitted contact data for being in our data base on AMAT/AAA and/or to receive the results of our project? Expected is that at the end of July 2012 the project-report of this research will be available.

**Do you want to receive a digital version of the project-report and/or the results of this study?**

VAR159

- No
- Yes, I want to receive the report of the LDV Project in July 2012
- Yes, I want to receive the results of this survey
- Yes, I want to be in the data base of the LDV AMAT/AAA group to be contacted about new activities
- Please use the email address below

**E-mail address:**

VAR160